



Home Learning!

Thank you for your hard work, dedication and collaboration during this challenging time! Mrs. Levey has been so impressed with the effort's students have been putting in each and every day.



Home schooling seems to be running very smoothly, each Thursday Mrs. Levey will send home a report, so you know where your child is up to and any areas which we haven't received evidence of work.

Hopefully we can all get back to normal asap! If you have any concerns or feedback, we'd love to hear from you. Although we aren't seeing you every day, we are always here to support you and your families in any way possible.

CANCELLED

Unfortunately, Bluearth has been cancelled, we hope to reschedule this event once things go back to normal.

Cyber Safety

Being online is a wonderful tool and now more than ever we are relying heavily on the internet to keep us all connected. In the link below the Department of Education has provided some useful tips on keeping you and your children safe, don't forget we must all take responsibility when it comes to cyber safety.

[Cyber safe families \(nsw.gov.au\)](http://nsw.gov.au)

Student Tips

WEEK 7 – 23rd August 2021

Thursday	Take the bins out for Mum and Dad.
Friday	Do something to help around the house, without being asked.

Let's Get Active!

During lockdown don't forget to keep moving! If you are struggling to find the motivation to stay active, here are a few tips that might help. Just 30minutes a day will boost everyone's mood and wellbeing, which is vital for everyone's health and happiness.

- 1- GET OUTSIDE, go for a walk, ride or even get out on the scooter and get those endorphins flowing.
- 2- Be creative and design a unique spin dial with different exercises and activities. Your dial might include hopscotch, poison ball, yoga poses, balloon volleyball or dancing. The possibilities are endless and can be made up of all YOUR favourite activities.
- 3- Create an obstacle course at home using everyday objects like tape, chairs, tables and toys. Get the family crawling under tables, jumping over cushions. It doesn't matter what it is, the family will love the extra connection!
- 4- Play celebrity heads, an old game but certainly a classic that will freshen things up. Ask Mum and Dad how to play if you don't know how!
- 5- GET IN NATURE take photos of the trees that have lost there leaves. Check again in a week to see if you can notice and changes.
- 6- Get Building, search the recycling bin for bottles and cardboard boxes. Draw your design on a piece of paper, create your masterpiece. So easy, simple and fun!



COVID COOKING

Covid cooking is definitely a thing! If you are looking for something easy the kids can make, that is relatively little mess and they can do most of it by themselves for a yummy lunch! Look no further

Mini Pizzas - Wrap style!



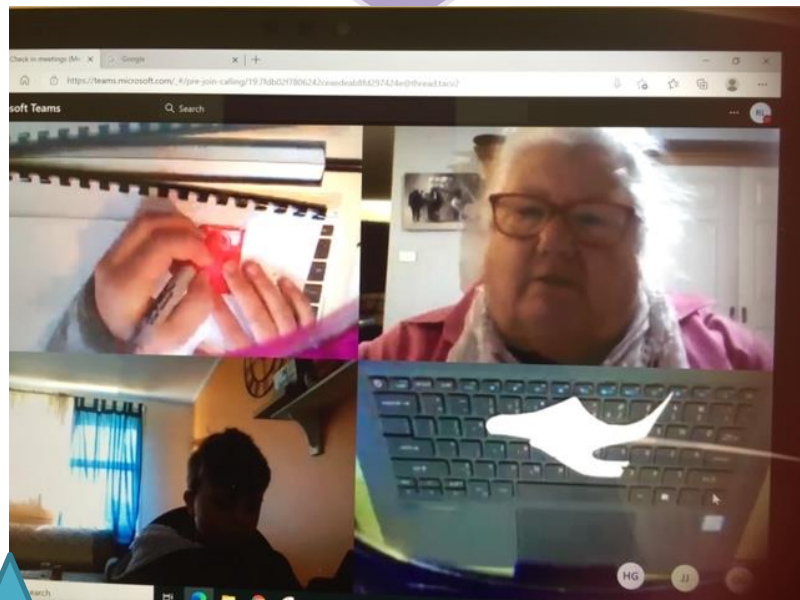
Ingredients-

- 1 wrap. (standard sandwich wrap is fine)
- Sauce - BBQ, salsa, tomato sauce, pizza sauce, you choose! (BBQ is my favourite)
- Sliced ham, chicken, salami.
- Toppings- pineapple, sliced mushrooms, capsicum.
- Cheese.

Method-

- Get an adult to preheat the oven @180degrees.
- Place Wrap on an oven tray that has been lined with baking paper or foil.
- Spread Pizza base sauce.
- Sprinkle meat of your choice all over wrap.
- Sprinkle wrap with toppings.
- Top with delicious cheese.
- Place wrap in oven for 10mins or until cheese is melted. **ADULT HELP REQUIRED**
- Cut and serve! **ADULT HELP REQUIRED**

Use ingredients already in the fridge and make sure you get Mum, Dads, or an adults ok before you start.





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Mrs. Levey working super hard. Keeping us all organized & on task.

TAKE A BREATH OF FRESH AIR
Did you know?
5 minutes outside is
enough to boost your mood,
self-esteem, promotes
better brain function and
get a healthy dose of
Vitamin D.



Mrs. Zimmer still hard at work!



PLAYGROUND DUTY WAS ROUDY!



Miss Howell working behind the scenes.