



Talbingo Public School

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New 'Covid -19' Requirements

Talbingo Public school will be following the updated guidelines provided by NSW Education Department, in consultation with NSW Health.

This means if your child has any form of flu like symptoms, they will be sent home. Your child will need to obtain a negative COVID-19 test result before being permitted to return to school. Negative test results in the form of a screen shot of the app, or a letter from your GP must be emailed to talbingo-p.school@det.nsw.edu.au.

We understand these guidelines can be difficult for families, but it is imperative we all work together to keep everyone safe! If you have any further questions please contact Mrs. Levey.



96.3 Sounds of the Mountains

Due to Covid restrictions we have been unable to have our lovely reading helpers on site, which students and helpers have all been missing.

So Mrs. Levey has decided we will come to our reading helper's through the sounds of the radio. Talbingo Public School will be on the air @ **2.40pm Wednesday 2nd September**. Students will be presenting 'Readers Theatre'. A great way for everyone to tune in while we are unable to come together and listen to how far everyone has progressed in 2020.

Readers Theatre is a fantastic way to enhance students reading skills and confidence, making learning fun and entertaining.

P & C Grant

Planning is still underway for the new Musical morning tea area (where the old maze once stood). Equipment has been ordered and once things dry out a little, the next stage of this exciting new area should commence.

ALPSS News

Mrs. French from Humula Public School is currently taking some leave, fulfilling a relieving Principal position in a different school. Mrs. Cynthia Soding will be relieving Mrs. French for the remainder of 2020.

Dress-Up as a Nerd



Wednesday 2nd September is Dress up as a Nerd day at Talbingo Public School.

This day is no cost to families, just a day of fun for students and staff! Get your thinking caps on to see what you can utilize around the house, to be the nerdiest nerd ever! Be creative and use

your imagination! Thanks to Extra-curricular funding students will be treated to a mini Pizza for lunch and a movie!

Cultural Sessions

Thanks to Zoom we have been able to have a virtual excursion with the wonderful Talia and Shane from the National Parks and services. Students participated in Aboriginal art activities which they all loved. We are looking forward to next week's lesson.

Building Healthy Bones

Did you know Bone is living, growing tissue? Bone growth is significant from childhood to near the age of twenty five? Thus there is a limited time to maximize bone health! Nutrients that aim in building healthy bone include calcium, vitamin D, magnesium and vitamin K. Regular exercise is also a benefitting factor that can increase bone size. Calcium can be found in dairy products as well as almonds and dark, leafy greens! Dietary Vitamin D can be found in egg yolks and fatty fish. Looking after what goes into your body can help you perform at your best!

IMPORTANT DATES	
Wednesday 26 th August	Virtual cultural lessons
Wednesday 2 nd September	<i>DRESS UP AS A NERD DAY</i>
Wednesday 2 nd September	Sounds of the mountains Readers Theatre.

