

# TALBINGO PUBLIC SCHOOL

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Website: [www.talbingo-p.schools.nsw.edu.au](http://www.talbingo-p.schools.nsw.edu.au)

## YEAR 6 INTO 7 TRANSITION

As part of the transition to high school, Year 6 students will be taking part in a number of activities between now and the end of the year.

The first event will be a visit by some of the Tumut High School staff members to our school next Wednesday afternoon, from 2.30pm to 3.30pm.

Mr Reece (Head Teacher Welfare), Mrs Pearce (Year 7 Coordinator), Mrs Titjen (School Administrative Manager) and Mr Deitz (Deputy Principal) and/or Mr Lange (Principal) plan to attend and will each talk to parents and students.

Mrs Pearce will talk about the role of the Year 6 Coordinator. Mr Reece will talk about classes, gifted and talented student programs and programs for students with special needs. Mrs Titjen will talk about the enrolment process and other administrative matters. It is very important that students and parents attend this visit as it will answer many questions regarding your child's start to their secondary schooling.

Remember to bring the enrolment letter and forms along to the visit.

There will be other transition activities for students during the remainder of this year; however this is the best opportunity for parents to meet the staff and ask questions.

## FUSSY EATERS

Fussy eating is a very common problem, as it is a natural instinct to be cautious with new foods. It can vary from a child with a few likes and dislikes, to those who will only eat a very limited range of food.

### Some tips to help them (and you):

- Dividing the responsibilities of eating allows for comfortable and relaxed mealtimes:
  - Parents decide *what*, *when* and *where* to eat. Provide a variety of healthy, safe and appealing food.
  - Children are responsible for *how much* and *whether* they eat. Be reassured that healthy children will not starve themselves. Children will eat when they are hungry. Try not to override their sense of hunger or fullness – they will need it later in life.
- Children may need 10-15 tastes of a food before it becomes safe and familiar. Keep offering the refused foods.
- Don't pressure or bribe children into eating food. A positive, calm approach is the best way to encourage them.
- Eat and enjoy food with your children. Avoid negative comments about food you don't like.
- Involve children in shopping, preparing, serving, and growing food. Discuss new food with your child – where it comes from, how it grows, its colour, texture and flavour – this familiarises the food.

## DIARY DATES

### Week 2 – Beginning Monday, 23rd July

Wednesday	First Ski Trip Yr 6-7 Transition Meetings - 2.30pm
Thursday	P&C Meeting 3.10pm

### Week 3 – Beginning Monday, 30<sup>th</sup> July

#### Education Week

Wednesday	Second Ski Trip
Friday	Jeans for Genes Day

### Week 4 – Beginning Monday, 6th August

Wednesday	Third Ski Trip
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### Week 5 – Beginning Monday, 13th August

Wednesday	Final Ski Trip
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## SKI TRIP – 25<sup>TH</sup> JULY 2012

Our first trip is taking place next Wednesday. The bus will be departing our school at 8.30am sharp, so please be at school by 8.20am.

Remember to pack lots of healthy snacks and a large lunch and drink – skiing is hungry business!

Please make sure students are warmly dressed and bring some spare socks for the home journey. Mrs Pullen will be accompanying our students and we will be joined by students and staff from Bongongo School as well.

We expect to be back at school by 2.00pm and will continue our afternoon lessons as usual until home time..

## COLES FOR SPORT VOUCHERS

Keep collecting your Coles vouchers as the promotion will continue until 15<sup>th</sup> August.

There is a collection box just outside the school office and vouchers can be dropped in any time the school is open.

Don't forget to ask all your family and friends if they would like to donate their vouchers to our school too.

P&C Meeting – Thursday 26<sup>th</sup> July 2012 at 3.10pm  
All parents are asked to attend.

# “Mushroom Land”

This week we each painted a picture of Mushroom Land for our art lesson with Mrs Stacy.

