

# TALBINGO PUBLIC SCHOOL

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Website: [www.talbingo-p.schools.nsw.edu.au](http://www.talbingo-p.schools.nsw.edu.au)

## GYMNASTICS

Our Gymnastics sports program is in full swing with the children enthusiastically taking part in all the exercises.

The cooler weather saw today's activities take place in the Library and unfortunately, Cabramurra School were unable to join us today due to the unseasonal snowfalls in the alpine areas.

Today, Gym coach Peter Jory started the sessions with some warm-up and stretching exercises before taking children through a range of activities including caterpillar walking, forward rolls, backward rolls, scorpions, tuck jumps and some work on the parallel bars.

The activities all require strength and co-ordination but, most of all, it simply looks like such good fun!

See page 2 for some photos taken over the last two weeks.

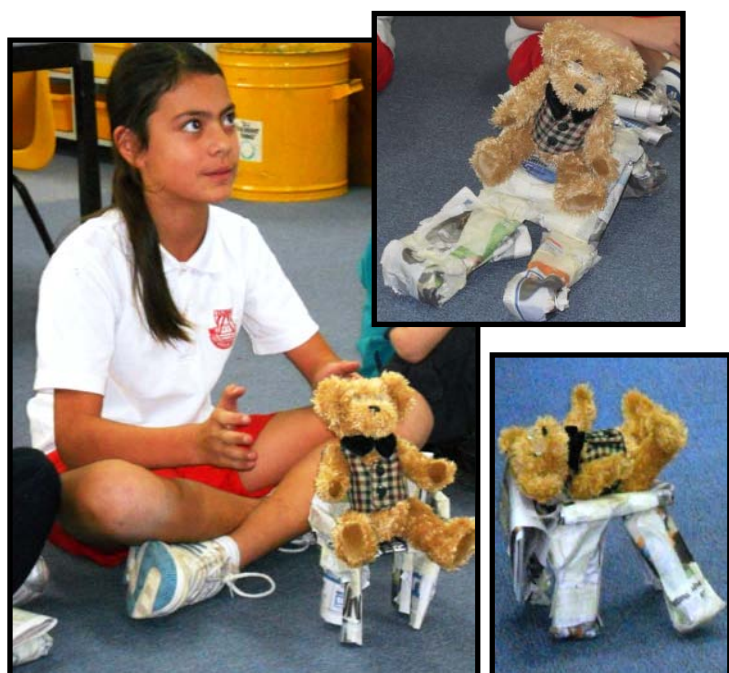
## SCHOOL PHOTOGRAPHS

Riverina Master School Portraits will be coming to our school to take our annual school photographs on Tuesday, 28<sup>th</sup> June 2011.

The photographers will be taking school photographs in Tumut in the morning and therefore we are expecting our photos to be taken immediately after our lunch break.

Last year everyone was very happy with the photos and the variety of packages available at competitive prices.

Students will be given an individual order envelope which will outline all prices and package options. Family photos can be taken where there are two or more students at school.



## DIARY DATES

### Week 4 – Beginning Monday, 16<sup>th</sup> May

Wednesday	P&C Meeting, 3.00pm
	Student Leadership Day
Thursday	Gymnastics
Friday	Cross Country, Rosewood

### Week 5 – Beginning Monday, 23<sup>rd</sup> May

Monday	Scholastic Book Club Orders due
Wednesday	FM96.3/94.3 Radio talk -2.15pm
Thursday	Gymnastics

### Week 6 – Beginning Monday, 30<sup>th</sup> May

Thursday	Gymnastics
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### Week 10 – Beginning Monday, 27 June

Tuesday	School Photographs
Friday	Crazy Hair Day

## FUN WAYS WITH FOOD

Offering your children a variety of different coloured fruits and vegetables each day sets them on a path to lifelong healthy eating. Primary school children can have fun with food on the Go for 2&5 website, where they can create a vegie man, colour in, take a food challenge and even try some simple and tasty recipes. Healthy eating will never be boring again!

For more information go to: [www.gofor2and5.com.au/](http://www.gofor2and5.com.au/) (click on Kids Only).

### Hot Lunches

Tomorrow is our first hot lunch day for Term 2 and is just what we need with the onset of this cold weather

Students can purchase a hot lunch for \$3.50.

Tomorrow's lunch item will be

**Homemade chicken noodle soup and a bread roll.**

## PROBLEM SOLVING IN SCIENCE

During science lessons last week students were given a challenging problem-solving task to complete.

"Goldilocks broke my chair" said Baby Bear.

Task: Design a new chair for Baby Bear, using only newspaper and masking tape.

Fair Testing: The chair must be able to hold Baby Bear for at least 2 minutes.

← Here are some of our more successful chairs.

Through a process of trial and error, the students learned that some designs and building techniques were much more successful than others e.g. rolling the paper for strength. They were able to understand why some chairs performed better than others.



# Gymnastics

